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## ***Each New Day Is an Opportunity to Begin Again***

*“Leeana has reached deep inside herself and offered her readers her own life and soul with such generosity.”—Shauna Niequist*



Engaging author Leeana Tankersley gives women 100 encouraging and insightful devotions that help them defeat discouragement, change toxic thinking, and know there is always a chance to begin again.

Life can make you feel sidelined, stuck, shamed, and silenced, but every new day is an opportunity to begin again. Leeana invites women to see beyond the brokenness in their communities, their relationships, and their spirits. She shows women how to move beyond discouragement and toxic thinking to the life God intended for them to live with this insightful and encouraging devotional.

In her warm tone and with her signature humor, Leeana offers this collection of short readings to encourage and motivate women to see how it is possible to begin again in their relationship with God, family, friends, and themselves. There is always grace available and there is always a chance to begin again.

*Always We Begin Again: Stepping into the Next, New Moment*

by Leeana Tankersley

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### **About the Author**

**Leeana Tankersley** is the author of five books, including *Begin Again* and *Brazen*, and holds English degrees from Liberty University and West Virginia University. Leeana’s writing has been featured in the *Huffington Post*, *cnn.com*, *incourage.me*, and *aholyexperience.com*. She is a regular contributor to MOPS, both as a writer and speaker. Leeana and her three kids currently call Virginia home. Learn more at [www.leeanatankersley.com](http://www.leeanatankersley.com).



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\*Book can be found anywhere books are sold

## Suggested Interview Questions/Talking Points

1. In this devotional, you encourage women to see past their circumstances, no matter how discouraging they appear. Can you tell us about a time in your life when you had a hard time seeing beyond the brokenness of your circumstances? What helped you get through it?
2. Why do you think women feel a particular burden to “hold it all together” or “fix it” when things are falling apart in their lives or around them?
3. What is the biggest piece of encouragement that women can take away from this devotional?
4. Why is it important to avoid being stuck in your present circumstance, no matter how broken life feels?
5. Why did you decide to write a devotional that connects to the message of your book *Begin Again*?
6. Why is it so important to remember, especially when we face difficulties in life, who we are and who God is? Can you tell us about a time when God touched your heart with this truth?
7. You talk about how hard it is to be still when your present circumstances are discouraging. Why is it important to practice the discipline of being still and waiting on God?
8. You also talk about the importance of listening and giving yourself space to hear God’s voice. Why is this so hard to accomplish in our current world? What is one of the best ways you have found to carve out quiet spaces in your day?
9. Why is it important not to bully yourself into doing what you need to do or acting the way you want yourself to act? Why does this tactic not produce lasting results?
10. Why is it so hard to let God take control of our struggles and the areas of our lives where we feel the most stuck? What can we learn from relinquishing control in these areas and letting God work?
11. You talk about taking back strength by acknowledging our powerlessness. How does that subversive truth help us through our struggles to a place of healing?
12. What is the trap of either/or thinking and why should we work to avoid it in our lives?
13. What is the hardest truth you learned through the process of writing *Begin Again* and *Always We Begin Again*?
14. What is the most redemptive truth you learned through the process of writing *Begin Again* and *Always We Begin Again*?

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15. Please talk about where the title came from and why it is has been an important concept to you?
16. In your book you discuss the idea that beginning is sacred, but people live in a culture that is not comfortable with being a beginner at anything. There is a discomfort with not being perfect at something from the start. How does someone move past that to experience new things that might bring joy?
17. There is a concept that you talk about called tending, and you share about the importance of repetition and returning to work, especially work with our hands. Will you talk about why tending is important? How about in relation to mothering?
18. One thing heard over and over again, is that women are dealing with a lot of shame. They feel shame about decisions they have made, shame about not being enough, shame about so many things. Will you talk about soul bullies and how women can relate to the toxic voices in their minds in more redemptive ways?
19. One thing you are phenomenal at is finding your people and keeping them close. How do you cultivate friendship as an adult?
20. In your book you make an interesting point related to these two words- Scared sacred. Can you talk about that?
21. The idea of beginning again is particularly important when things happen in life that one didn't expect, or life isn't turning out how someone anticipated it would. It might be with choices their kids are making or in their marriages, or careers. Please describe the etymology of the word "begin".

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